

# Questions

## Husbands

1. Is your love for your wife commensurate with your love for yourself?
2. List three practical ways you can spiritually nourish your wife.
  - a.
  - b.
  - c.
3. List three practical ways you can spiritually cherish your wife.
  - a.
  - b.
  - c.

## Wives

1. Are you content with physical food and clothing?
2. Are you content with spiritual food and clothing?

## Couples

1. In Ephesians 5:22, the word *own* means *belonging to*. In 5:28, it means *of his own self*. Why the difference?
2. Ponder how you are one with Christ.
3. Ponder how you are one with each other.